

**HURRICANE SWIM CLUB'S**  
*Last Ditched Effort Time Trial Meet*  
Sunday, March 4<sup>th</sup>, 2012

- Sanction:** Maine Swimming, Inc. Sanction #: ME0112-0304
- Hosted By:** Hurricane Swim Club, Inc.
- Meet Director:** Thomas Branch; [meetdirector@hurricaneswimclub.com](mailto:meetdirector@hurricaneswimclub.com)
- Meet Referee:** Ron Oldfield; [meetreferee@hurricaneswimclub.com](mailto:meetreferee@hurricaneswimclub.com)
- Meet Location:** Webber Pool, Husson University, 1 College Circle, Bangor, ME 04401
- Facility:** Webber Pool is a 6 lane 25 yard pool with non-turbulent lane lines, Colorado Timing System, electronic scoreboard with six lane display and a spectators seating for 200.
- Entries:** All entries must be submitted by e-mail using the **Hy-Tek** format. If you do not have the ability to use Hy-Tek you can submit a hardcopy of your entries by sending us either an e-mail or mailing it to us by the entry deadline. If you are submitting Hy-Tek entries a hard copy back up is required to be sent by mail or as a PDF by e-mail. All forms must have the swimmers full name (first, middle initial, last) and birth date as they were USA-S registered, current USA-S number, and seed time.
- Entry Deadline:** **Entries must be received no later than 11:59PM on Friday, March 2<sup>nd</sup>, 2012**
- Entry Fees:** \$3.00 per Individual Entry  
\$3.50 per Individual Paper Entry  
\$6.00 per Relay Entry  
\$6.50 per Relay Paper Entry
- Entry Submission:** E-Mail entry submission:  
[lastditchentries@hurricaneswimclub.com](mailto:lastditchentries@hurricaneswimclub.com)
- Hard copy backup and entry fees:  
Thomas Branch, 161A Essex St., Bangor, ME 04401
- Make checks payable to **Hurricane Swim Club** (\*\*Note: **TEAMS PLEASE SEND ONE CHECK FOR YOUR TEAM'S ENTRIES** and send by regular mail, **no** return receipt, confirmation of receipt will be by e-mail.) **Checks must be received within four business days of the entry deadline unless other arrangements are made. Team entries will not be considered official until after the payment is made.**
- Entry Limits:** Swimmers may be entered in no more than five (5) individual events.

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- Eligibility:** This meet is open to any swimmer who is a properly registered member of USA-S before the start of the meet or is a registered member with United States Masters Swimming (USMS). Age is as of March 4<sup>th</sup>, 2012.
- USA Swimming Registration:** Club athletes may obtain USA-S Registration from your Club Registrar. Unattached athletes may obtain forms and instructions from the Maine Swimming Web Site; [www.maineswimming.org](http://www.maineswimming.org). Direct registration questions to the Maine Swimming, Inc. Membership/Registration Chair, Thomas Branch, 207-712-0877 or [registrations@maineswimming.org](mailto:registrations@maineswimming.org). Deck Registrations will be allowed. Registration reconciliation will be done for this meet. **It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.**
- Meet Policy:** All USA Swimming Registered Officials and Coaches are required to display USA Swimming Credentials (USA Swimming Membership Card) while on deck. **Coaches must be properly registered and have all certifications up to date in order to be allowed on deck for this meet.**
- Meet Format:** Each event will be a timed final.
- Seeding:** The meet will be preseeded with Hy-Tek Meet Manager 3.0. The 1650, 1000 and 500 Free will be swum together alternating girls' and boys' or boys' and girls' heats fastest to slowest. **These swimmers must provide their own timers.**
- Admission:** \$2.00 per person
- Program:** \$3.00 per program
- Rules:** 2011 USA-S Rules shall apply.
- Questions:** Thomas Branch; (C) 207-712-0877  
[meetdirector@hurricaneswimclub.com](mailto:meetdirector@hurricaneswimclub.com)
- Deck Credentials:** **Only certified and meet registered coaches, session officials, registered USA swimmers and Meet Staff will be allowed on deck.**
- Time Trials:** Time Trials will be offered.
- Warm-ups:** All swimmers shall enter feet first using the sit and slide method at the starting end of the pool. Sprint lanes will be announced during the warm up period. Headfirst dives are allowed in sprint lanes only.

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**Start Times:**

	<b>Warm-Up:</b>	<b>Start Time:</b>
<b>Session 1:</b>	9:00AM-9:55AM	10:00AM

**Safety:**

Each participating swimmer must be under the supervision of a USA Swimming certified coach with a current USA-Swimming membership. There will be absolutely no diving into the pool except during sprint lane warm-ups and swim event starts. All entry into the pool is from the deep end only. Non-compliance is justification for disqualification from the meet. **Any swimmer entered in the meet must be certified by a USA-S member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.**

**Awards:**

Heat winners will not receive a prize.

**Protests:**

A committee will be formed to handle and protests that arise during the meet. The committee will include the meet directors, the meet referee, a coach and an athlete (not from the same team as the originator of the protest).

Misconduct: Any issues of conduct which occur within the meet venue are defined as, but not limited to; violation of safety guidelines, disrespect for meet management personnel, officials or fellow athletes, theft, vandalizing or possession of alcohol, tobacco or illegal drugs. More serious violations may result in legal action by the LSC or local authorities.

**Liability:**

Hurricane Swim Club and Husson University shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

Webber Pool has not been measured to certify under USA-S rule 104.2.2C(4).

**CELL PHONES, CAMERAS AND OTHER RECORDING DEVICES  
ARE PROHIBITED FROM LOCKER ROOMS, BATHROOMS AND  
FROM BEHIND THE STARTING BLOCKS**

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**Session 1 Warm-up: Open 9:00 AM – 9:55 AM**  
**Start: 10:00AM**

Girls Events	Event Description	Boys Events
1	9 & Over 50 Free	2
3	8 & Under 25 Free	4
5	Open 200 Free	6
7	8 & Under 50 Free	8
9	Open 100 Free	10
11	12 & Under 50 Breast	12
13	Open 100 Breast	14
15	8 & Under 25 Breast	16
17	Open 200 Breast	18
19	12 & Under 50 Fly	20
21	Open 100 Fly	22
23	8 & Under 25 Fly	24
25	Open 200 Fly	26
27	12 & Under 50 Back	28
29	Open 100 Back	30
31	8 & Under 25 Back	32
33	Open 200 Back	34
35	12 & Under 100 IM	36
37	Open 200 IM	38
39	11 & Over 400 IM*	40
41	9 & Over 500 Free*	42
43	13 & Over 1000 Free*	44
45	13 & Over 1650 Free*	46
47	13 & Over 800 Free Relay	48

\*Swimmers in Events 39-40 must be at least 11 years of age as of March 15<sup>th</sup>, 2012.

\*Swimmers in Events 41-42 must be at least 9 years of age as of March 15<sup>th</sup>, 2012.

\*Swimmers in Events 43-44 must be at least 13 years of age as of March 15<sup>th</sup>, 2012.

\*Swimmers in Events 45-46 must be at least 13 years of age as of March 15<sup>th</sup>, 2012.