

MAINE SWIMMING INC.

Summer Combined Championships

July 25 – 27, 2013

- Sanction By:** USA Swimming, Inc. & Maine Swimming, Inc. Sanction # ME1213-0725IC
- Hosted By:** Maine Swimming, Inc.
- Meet Director:** Jim Willis; 207-664-8246(c), meetdirector@maineswimming.org
Please direct all none officials and membership/registration questions to the Meet Director.
- Meet Referee:** Bob Russell; meetreferee@maineswimming.org
- Meet Location:** Canada Games Aquatic Centre – 50 Union St. – Saint John, New Brunswick, Canada
- Facility:** Canada Games Aquatic Centre is an 8 lane 50 meter pool with non-turbulent lane lines, Colorado Timing System, Aqua Grip electronic pads, and a nine-line readout scoreboard and a spectators seating for 500. The facility also has two additional 2 lane 25 meters pools for warm-up/cool-down. The competition pool starting end has a depth of 10-14 feet and the turn end has depth of 3 feet (relay swimmers will start in the water in the shallow end). The upper warm-up/cool-down pool has a depth of 1.5 to 3 feet and the lower pool has a depth of 1.5 to 4 feet (there is no diving allowed). This pool has not been measured to certify under USA-S rule 104.2.2C(4).
- Entries:** All entries should be submitted by e-mail using the **Hy-Tek** format. Anyone not using Hy-Tek may submit an email entry for an additional \$.50 per individual event and \$2.00 per relay. A hard copy back up is required to be sent by mail or as a PDF by e-mail. All forms must have the swimmers full name (first, middle initial, last) and birth date as they were USA-S registered, current USA-S number, seed time. **Entry times must be performed between July 19, 2012 and July 14, 2013.** Relay entries must have the team abbreviation, letter and seed time. Example (PPSC "A" 1:55.32). All relay swimmers must be listed on the team roster/meet entry submitted at the meet entry deadline to be eligible to swim in a relay. **Entries for timed final events will be converted to Long Course Meters and entries for prelim events will be seeded in the following order long course meters (LCM), short course meters (SCM), short course yards (SCY). SCY and SCM times must not be converted to SCY prior to being submitted.**
- Deck entries will not be accepted.
- Meet Format:** This will be a pre-seeded meet using Hy-Tek Meet Manager 4.0. 11-12, 13-14 and Senior events will be seeded together at prelims. 11-12, 13-14 and Senior's will then be separated for finals. The 400 IM, 400, 800 & 1500 will be timed finals with all heats swum during the prelims. The 400, 800, & 1500 Frees will be swum fastest to slowest, alternating girls' and boys' or boys' and girls' heats. **Positive check-in is required for events 400 meters or longer.**
- All 10 and under events will be timed finals and swum during the finals session except the 400 Free which will be swum Friday morning fastest to slowest alternating girls' and boys' or boys' and girls' at the conclusion the 11 & older 400 Free.

The finals of all 11 & older events 200 Meters and shorter will consist of 2 heats (Championship and Consolation) with 9 or more entries and 1 heat (Championship) in events with 8 or less entries.

Swimmers with Disabilities:

Swimmers with a disability are welcome to enter this meet. The coach or team entry contact person should contact the Meet Director regarding Entry Qualifications, and must alert the Meet Director and Meet Referee as to the need for any special accommodations or seeding arrangements at the time the entry is submitted.

Entry Deadline: Entries will be accepted until Wednesday, July 17, 2013 (11:59 pm EDT).

Entry Fees:	<u>US Money</u>	<u>10&Under</u>	<u>11&Over</u>
	Individual Events:	\$4.00/event	\$5.00/event
	Relays:	\$12.00/relay	\$12.00/relay
	Swimmer Participation:	\$10.00/Swimmer	\$10.00/Swimmer

Entry Limits: All swimmers are limited to maximum of **(3)** individual events per day and are limited to **(6)** individual events for the meet (not including relays). 12&U swimmers are limited to **(4)** relay events and 13&O swimmers are limited to **(5)** relay events for the meet.

Entry Submission: E-mail entry submission: Thomas Manduca (mandufam@fairpoint.net), Jim Willis (jim@mdiymca.org) & Bob Russell (mainernow@hotmail.com)

Hard copy backup and entry fees:
Jim Willis, 4 Shannon Rd Unit B, Bar Harbor, ME 04609

Make checks payable to **MAINE SWIMMING INC.** (**Note: **TEAMS PLEASE SEND ONE CHECK FOR YOUR TEAM'S ENTRIES** and send by regular mail, **no** return receipt, confirmation of receipt will be by e-mail.) **Checks must be received prior to the start of the meet unless other arrangements are made.** A team information form is attached. This must be filled out and returned with your e-mailed entries. **Please note that your entries will not be considered complete until this form or the information required on the form is returned.**

We will send a Hy-Tek team entry list to each team so they can check the accuracy of their entries. Please review this and respond immediately even if there are no corrections.

Teams that have not submitted their entries by the entry deadline will be contacted by noon the following day by the meet entry chair and will have until noon on the following day to submitted their entries and will be subjected to a fine of \$250 or \$1 per entry whichever is greater. Any entries submitted thereafter will be entered only at the discretion of the meet committee.

Officials: All certified Officials are welcome and encouraged to work at the Meet. Officials should contact the Meet Referee to sign-up in advance of the meet. Your help in making this meet a success will be greatly appreciated.

Admission: No charge for admission.

Programs: The meet program will cover; 11&O trials and the 10&U. The cost will be \$15.00US. The evening programs will contain all heats for that evening and will be free to all that have purchased the meet program, it will be \$5.00US for all others.

Eligibility: This meet is open to any swimmer who is properly registered with Maine Swimming, Inc. for 2013 in accordance with the MSI Policy & Procedures, a SNC swimmer from New Brunswick or with United States Masters Swimming (USMS) and a resident of Maine. Please note, that all swimmers must be registered by the entry deadline (July 17, 2013) to be eligible to swim in Summer Combined Championships. Swimmers transferring into MSI from another LSC or transferring to another MSI Club must complete their transfers by the entry deadline in order to be eligible to compete in Summer Combined Championships.

Time Trials: Time Trials will be scheduled at the discretion of the Meet Director and the Meet Referee based on available time. Coaches wanting a swimmer to swim a Time Trial should make that request to the Meet Director at any time during the meet. The entry fee for a Time Trial is \$15.00US (\$30.00US for a Relay.) A Time Trial counts toward the maximum allowed three (3) individual events per day for each swimmer.

USA Swimming Registration:

Club athletes may obtain USA-S Registration from your Club Registrar. Unattached athletes may obtain forms and instructions from the Maine Swimming Web Site; www.maineswimming.org. Deck Registrations will not be allowed. Direct registration questions to the Maine Swimming, Inc. Membership/Registration Chair, Thomas Branch, 207-712-0877 or registrations@maineswimming.org. **It's each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.** Registration reconciliation will be done for this meet.

Team Representative:

Each team must provide the name of an individual who will act as the spokesperson for that team with respect to all meet matters on the Meet Information Form.

Psych Sheet: Will be available on Monday, July 22, 2013 on the MSI Website (12:00PM EDT).

Meet Policies: To be allowed on the pool deck, one must be a registered coach, official, swimmer or a member of the meet staff. Team photographers will be allowed on deck as well but he/she must be a registered member of USA-S and must obey all USA-S and MSI rules. No one else will be allowed on deck due to USA Swimming rules.

All USA Swimming Registered Members must wear their USA-S Membership or the approved Deck Pass for the meet. Coaches and Officials must be properly registered and have all certifications up to date in order to be allowed on the deck for this meet.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Start Procedure: This meet will be conducted using the no Recall false start rule, the whistle command starting procedure and 'Fly-over' starts. All swimmers (except for Backstroke starts) should exit the water at end of their race once all swimmers have finished by exit the sides of the pool (Lanes 1&8).

Scratch Rule: The Meet will be swum using scratch rules described in Section 207.12.6 D&E of the USA Swimming Rules & Regulations and the MSI Policy and Procedures Article 21.6. Any swimmer that does not show for a Final event will be allowed to compete in individual/relays events as a non-scoring participant/team.

Warm-ups: USA Swimming and Maine Swimming safety procedures will be enforced throughout the meet. Warm-ups are subject to the following procedures:

All swimmers shall enter feet first using the sit and slide method at the starting end of the pool. The warm-ups sessions may be divided into periods of equal length depending on the number of swimmers entered in each session. Warm-up schedules will be posted on the web site prior to the meet and will be made available to coaches at the meet. 10&Unders will have at least 3 lanes for the last 20 minutes of each evening warm-up. Sprint lanes will be announced during the warm up period. No diving or backstroke starts will be permitted except in sprint lanes, when designated, except under a coach's supervision in a team assigned lanes. **Swimmers without a coach must report to the meet director prior to the warm-up to obtain a lane assignment.**

Timers, Marshals, & Clean-up:

Each Maine Swimming, Inc. team will be responsible for coordinating and providing timers for the specified lane, marshals for the assigned session (**marshals do not need to be USA-S registered**), clean-up following the assigned session and other duties as assigned by the Meet Director. The assignments will be determined at the completion of meet entries and teams will be notified by e-mail and/or MSI Website by Friday, July 19, 2013. Timers, marshals and other meet staff who are not USA-S registered must sign a USA-S waiver form. **Please note that the MSI Policy and Procedures requires each team with at least 15 swimmers entered in the meet to have one USA-S registered non-athlete available for jobs as assigned at each session. 1500 & 800 free swimmers must provide their own timers.**

Scoring:

Individual events: 1st - 16th
20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
Relay events: 1st-16th
40-34-32-30-28-26-24-22-18-14-12-10-8-6-4-2

Awards:

Individual: Medals 1st - 8th, Ribbons 9th - 16th
Relays: Medals 1st - 3rd, Ribbons 4th - 8th
Girls and Boys Ind. High Point: Trophies 1st - 8th
All 8&under swimmers will receive a Participation medal
Team Trophies: Girls Overall High Point 1st - 3rd
Boys Overall High Point 1st - 3rd
Combined High Point 1st - 3rd

Start Times:

Thursday & Friday

Prelims	Warm-up:	7:00am	Meet Start: 8:15am
Finals	Warm-up:	3:30pm	Meet Start: 4:35pm

Saturday

Prelims	Warm-up:	7:00am	Meet Start: 8:15am
Finals	Warm-up:	3:00pm	Meet Start: 4:05pm

Warm-up times may change depending on the number of entries.

Please note that Saint John is in the Atlantic Time Zone, which is 1 hour ahead of Maine, so 6:00AM in Maine is 7:00AM in Saint John.

Liability: United States Swimming, Inc. (USA-S), Maine Swimming, Inc. and the Canada Games Aquatic Centre shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

Protests: A meet jury will adjudicate any non-actual competition protest including the issues of misconduct. The meet jury will consist of the Meet Director, the Meet Referee, the MSI General Chair, an Athlete representative, the Coach's Representative or an appointed designee so noted to the Meet Director. Only the designated team representative or appointed designee so noted to the meet director may speak for a team concerning all meet matters.

Misconduct: Any issues of conduct which occur within the meet venue are defined as, but not limited to; violation of safety guidelines, disrespect for meet management personnel, officials, coaches or fellow athletes, theft, vandalizing, or possession of alcohol, tobacco or illegal drugs are subject to removal from the facility and will be forwarded to the MSI Board of Directors. More serious violations may result in legal action by the LSC or local authorities.

Notes:

1. There will be A & B Finals for all events 200 meters and shorter for swimmers ages 11 & older. The meet director may combine Finals heats to prevent empty lanes.
2. The 400 IM, 400 Free, 800 Free, & 1500 Free are timed Final events to be swum during the Prelims. These events require positive check-in.
3. The 400, 800, & 1500 Frees will be timed finals that will be swum fastest to slowest, alternating heats by girls' and boys' or boys' and girls'. Heats maybe combined to prevent empty lanes.
4. The 10&U 400 Free will be swum on Friday morning at the conclusion of the 11 & older 400 Free.
5. Swimmers may swim up in relays. For example a 10 year old may swim may swim in the 12&U, 14&U, or even a senior relay. 12&U swimmers are limited to 4 relays and 13&O swimmers may swim in 5 relays.
6. Per the MSI Policy & Procedure manual, each team is required to provide 1 USA-S registered non-athlete for each 15 athletes each session for assigned jobs.
7. Saint John, New Brunswick is in the Atlantic Time Zone which is one ahead of time in Maine.

CELL PHONES, CAMERAS AND OTHER RECORDING DEVICES ARE PROHIBITED FROM THE LOCKER ROOMS, CHANGING AREAS, REST ROOMS AND FROM BEHIND THE STARTING BLOCKS!

NO HANGING ON THE TOUCH PADS, LANE LINES AND SIDES OF THE POOL!

SWIMMERS MUST EXIT THE POOL FROM THE SIDES OF THE POOL (Lanes 1 & 8)!

NO DECK CHANGING!!!!!!

DAILY EVENTS SCHEDULE

Thursday, July 25, 2013

Session 1: Warm Up: 7:00 AM - 8:10 AM Start: 8:15 AM

<u>GIRLS EVENT</u>	<u>EVENT DESCRIPTION</u>	<u>BOYS EVENT</u>
9	11-12 50 Back	10
13	11&O 100 Breast	14
17	11&O 200 Free	18
21	11&O 100 Fly	22
25	11&O 200 IM	26
33	13-14 800 Free (TF)	34
33	15&O 800 Free (TF)	34

Session 2: Warm Up: 3:30 PM – 4:30 PM Start: 4:35 PM

<u>GIRLS EVENT</u>	<u>EVENT DESCRIPTION</u>	<u>BOYS EVENT</u>
1	12&U 200 Free Relay	2
3	10&U 200 Free Relay	4
5	14&U 200 Free Relay	6
7	Senior 200 Free Relay	8
9	11-12 50 Back	10
11	10&U 50 Back	12
13	11-12 100 Breast	14
13	13-14 100 Breast	14
13	Senior 100 Breast	14
15	10&U 100 Breast	16
17	11-12 200 Free	18
17	13-14 200 Free	18
17	Senior 200 Free	18
19	10&U 200 Free	20
21	11-12 100 Fly	22
21	13-14 100 Fly	22
21	Senior 100 Fly	22
23	10&U 100 Fly	24
25	11-12 200 IM	26
25	13-14 200 IM	26
25	15&O 200 IM	26
27	12&U 400 Medley Relay	28
29	14&U 400 Medley Relay	30
31	Senior 400 Medley Relay	32

(TF) denotes Timed Final event

DAILY EVENTS SCHEDULE

Friday, July 26, 2013

Session 3: Warm Up: 7:00 AM - 8:10 AM Start: 8:15 AM

<u>GIRLS EVENT</u>	<u>EVENT DESCRIPTION</u>	<u>BOYS EVENT</u>
35	11-12 400 IM (TF)	36
35	13-14 400 IM (TF)	36
35	Senior 400 IM (TF)	36
45	11&O 50 Free	46
49	11&O 200 Breast	50
51	11-12 50 Fly	52
55	11&O 100 Back	56
63	11-12 400 Free (TF)	64
63	13-14 400 Free (TF)	64
63	Senior 400 Free (TF)	64
65	10&U 400 Free (TF)	66

Session 4: Warm Up: 3:30 PM – 4:30 PM Start: 4:35 PM

<u>GIRLS EVENT</u>	<u>EVENT DESCRIPTION</u>	<u>BOYS EVENT</u>
37	12&U 200 Medley Relay	38
39	14&U 200 Medley Relay	40
41	Senior 200 Medley Relay	42
43	10&U 200 Medley Relay	44
45	11-12 50 Free	46
45	13-14 50 Free	46
45	15&O 50 Free	46
47	10&U 50 Free	48
49	11-12 200 Breast	50
49	13-14 200 Breast	50
49	15&O 200 Breast	50
51	11-12 50 Fly	52
53	10&U 50 Fly	54
55	11-12 100 Back	56
55	13-14 100 Back	56
55	15&O 100 Back	56
57	10&U 100 Back	58
59	14&U 800 Free Relay	60
61	Senior 800 Free Relay	62

(TF) denotes Timed Final event

DAILY EVENTS SCHEDULE

Saturday, July 27, 2013

Session 5: Warm Up: 7:00 AM – 8:10 AM Start: 8:15 AM

<u>GIRLS EVENT</u>	<u>EVENT DESCRIPTION</u>	<u>BOYS EVENT</u>
75	11-12 50 Breast	76
79	11&O 200 Back	80
83	11&O 100 Free	84
87	11&O 200 Fly	88
89	13-14 1500 Free (TF)	90
89	15&O 1500 Free (TF)	90

Session 6: Warm Up: 3:00 PM – 4:00 PM Start: 4:05 PM

<u>GIRLS EVENT</u>	<u>EVENT DESCRIPTION</u>	<u>BOYS EVENT</u>
67	12&U 400 Free Relay	68
69	10&U 400 Free Relay	70
71	14&U 400 Free Relay	72
73	Senior 400 Free Relay	74
75	11-12 50 Breast	76
77	10&U 50 Breast	78
79	11-12 200 Back	80
79	13-14 200 Back	80
79	15&O 200 Back	80
81	10&U 100 Free	82
83	11-12 100 Free	84
83	13-14 100 Free	84
83	15&O 100 Free	84
85	10&U 200 IM	86
87	11-12 200 Fly	88
87	13-14 200 Fly	88
87	15&O 200 Fly	88

(TF) denotes Timed Final event

2013 MSI SUMMER COMBINED CHAMPIONSHIPS MEET INFORMATION

Team Entry Contact (person to contact to resolve issues with entries):

Name _____
(Please print or type)

E-mail _____

Phone Nos: Home _____

Work _____

Cell _____

Team Representative (team spokesperson for all meet matters)

Name _____
(Please print or type)

Coaches (list all coaches from your team who will be at the meet)

1) _____

2) _____

3) _____

4) _____

5) _____

Officials (list officials from your team who will be at the meet)

1) _____

2) _____

3) _____

4) _____

5) _____

This form or the information on it (part of an e-mail) must be submitted with your team's Hy-Tek entries.