

THE BOWDOIN OPEN

*Senior/Age Group Swim Meet
December 12th, 13th and 14th, 2008*

Sanctioned By

Maine Swimming Inc. #ME0809-1212

Hosted By

Bowdoin College

Co - Meet Directors/Questions

Brad Burnham
9000 College Station
Brunswick, ME 04011
(207)725-3527
bburnham@bowdoin.edu

Chris Branch
37 Shaker Road
Gray, ME 04039
(207)657-6487 hm. (207) 712-5268 cell
meetdirector@maineswimming.org

Meet Location

Greason Pool
Farley Field House
Bowdoin College
Brunswick, ME 04011

Meet Referee

John Moreshead
officialschair@maineswimming.org

Facility

Bowdoin Pool provides up to 10 deep-water competition lanes, plus five additional warm-up/cool-down lanes with non-turbulent lane lines.

Timing System

Colorado Timing - System 6 with electronic scoreboard
Hy-tek Meet Manager will be used to compile results

Entry Deadline

Entries will be accepted on and after October 20, 2008. Entries must be received by e-mail no later than mid-night Friday, December 5, 2008; hard copies must be postmarked by mid-night Friday, December 5, 2008. **We will e-mail you a confirmation after we receive your entry data.**

Send Entries by e-mail to:

Thomas Branch
bowopenentries@maineswimming.org

Send Hard Copies and Checks to:

Brad Burnham
Bowdoin Athletics - Swimming
9000 College Station
Brunswick, ME 04011

Entry Fees

Senior Events

\$4.00 for each individual entry
\$4.50 for each individual paper entry
\$12.00 for each relay entry

Age Group Events

\$2.00 for each individual entry
\$2.50 for each paper entry
\$6.00 for each relay entry

Make checks payable to **MAINE SWIMMING INC.** (**Note: TEAMS PLEASE SEND ONE CHECK FOR YOUR TEAM'S ENTRIES) Checks must be received prior to the start of the meet.

Entry Procedure

Hy-Tek Team Manager entries are preferred by e-mail. A hard copy must also be sent to Brad Burnham.

All relay swimmers must be listed on the team roster/meet entry submitted at the meet entry deadline to be eligible to swim in a relay.

Late or deck entries will not be accepted.

The contact information form included in this meet packet must accompany your Hy-Tek Team Manager entries.

Each swimmer is limited to three (3) individual events per day. All athletes are invited to the senior meet and are eligible for finals as long as they have met the qualifying times, which are included with this information. 12 and unders may swim in the Senior Meet ONLY if they meet the qualifying times in this packet, they will also be eligible.

Entry times must be in short course yards. Teams using Short Course Meter or Long Course Meter entry times should use Hy-Tek to convert the times to short course yards.

Entry Time Updates

Entry times may be updated until Monday December 8, 2008. No new entries will be accepted after the December 5, 2008 entry deadline. Entry time updates should be sent via email to bowopenentries@maineswimming.org. Entry time updates must be sent as Hy-Tek format CL2 files with updated times. (New entries will be automatically excluded.)

Time Trials

May be swum if time permits and with the approval of the Meet Referee and the Meet Directors at the cost of \$15.00 per individual event and \$30.00 per relay event.

Eligibility

Each Swimmer must be a registered member of USA-S. Age is as of December 12, 2008. Registration reconciliation will be done for this meet. **It is each team's responsibility to make sure the entry and registration information for each of their swimmers is accurate.**

ME LSC Registrations should be sent to:
Thomas Branch
249 Palm Street Apt. 2
Bangor, ME 04401
registrations@maineswimming.org

Session Times

	Warm-Up	Start
<i>Friday, December 12th</i>		
Timed Finals	3:00 PM	4:30 PM
<i>Saturday, December 13th</i>		
Prelims	7:00 AM	8:30 AM
Age Group	1:20 PM	2:00 PM
Finals	4:30 PM	5:30 PM
<i>Sunday, December 14th</i>		
Prelims	7:00 AM	8:30 AM
Age Group	12:00 PM	1:00 PM
Finals	4:00 PM	5:00 PM

Meet Format

General

Senior individual events, except the 400 IM, 500 Free and 1650 Free, will be swum as trials and finals; with three heats in the evening finals. The championship final will contain the top 8 swimmers, the consolation final will contain the 9th-16th place swimmers and the bonus final will contain the 17th-24th place swimmers. The 400 IM, 500 Freestyle and 1650 freestyle will be swum as timed finals and will include all entered swimmers. Age Group Meet Events will be swum as timed finals.

1650 Freestyle

The fastest heat of women and men will be swum at the beginning of the final session on Saturday evening. The remaining heats will be seeded fastest to slowest alternating women and men with the fastest morning heat swimming after the final heat of the 50 Free. A heat sheet will be provided twenty minutes after the scratch deadline. **The 1650 will be limited to the fastest 30 women and 30 men entered in the event by the entry deadline.** A list of the swimmers entered in the 1650 will be forwarded to all of the teams in the Senior portion of the meet. Meet management reserves the right to expand the field depending on the meet timeline.

500 Freestyle

Please note that the 500 Free in the Senior Meet on Friday night is open to swimmers 8 and over and that the 8 - 12 year old swimmers need to meet the qualifying time in order to swim in this event.

400 IM

Please note that the 400 IM in the Senior Meet on Friday is open to swimmers 11 & up and that the 11-12's need to meet the qualifying time in order to swim in this event.

Relays

Relays will be swum as timed finals in the evening session and can include swimmers from all age groups as long as they are entered in the meet. Swimmers 12 & under may swim in the Senior relays but may not swim relays in both meets.

Age Group

Swimmers 13 & over will swim in the senior meet. Swimmers 12 & under will swim in the age group meet, except that 12 & under swimmers who meet the qualifying times may swim in the senior meet. **If the Age Group meet is oversubscribed then the last entries that are received will be the first ones to be cut from the meet; in other words last in, first out. To make sure that your swimmers make the meet please send in your entries early.**

Senior Prelim Seeding

This is a positive check in meet. The meet will be pre-seeded using Hy-tek Meet Manager during warm-up for the preliminary sessions. Heat sheets will be posted around the deck and copies will be given to the coaches.

The fastest three (3) heats will be circle seeded except timed finals. The remaining heats of each event will be pyramid seeded. We will use 10 lanes for all events. Meet management reserves the right to reseed if necessary.

Age Group Seeding

The meet will be pre-seeded using Hy-Tek Meet Manager 2.0. All events will be run as timed finals, slowest to fastest.

Senior Scratch Policy

Positive check-in is required for all events.

Qualifying swimmers must declare his/her intent to scratch from finals within thirty (30) minutes after the completion of the event. Any athlete who qualifies for the championship final, consolation final or bonus final, fails to scratch and does not show for the final will be disqualified from the meet, unless excused by the Meet Referee.

Age Group Scratch Policy

Scratches are allowed but a notification from a coach would be appreciated.

Warm Ups

All swimmers shall enter feet first using the sit and slide method at the starting end of the pool. Sprint lanes will be announced during the warm up period. Headfirst dives are allowed in sprint lanes only.

Protests

A committee will be formed to handle any protests that arise during the meet. The committee will include the meet directors, the meet referee, a coach and an athlete (not from the same team as the originator of the protest).

Misconduct: any issues of conduct which occur within the meet venue are defined as, but not limited to; violation of safety guidelines, disrespect for meet management personnel, officials or fellow athletes, theft, vandalizing or possession of alcohol, tobacco or illegal drugs. More serious violations may result in legal action by the LSC or local authorities.

Senior Scoring

The top 8 finalists will keep their place and be scored within the top 8. The Consolation and Bonus Finalists can score anywhere from 9th through 24th place. Relays and Individual events are scored the same.

<u><i>Final</i></u>		<u><i>Consolation and Bonus Final</i></u>	
Place	Points	Place	Points
1	30	9	20
2	28	10	18
3	27	11	17
4	26	12	16
5	25	13	15
6	24	14	14
7	23	15	13
8	22	16	12
		17	11
		18	10
		19	9
		20	8
		21	7
		22	6
		23	5
		24	4

Senior Awards

Trophies will be awarded to first and second individual male and female high point winners, and first and second place team for men, women and combined. Event awards will be available for the top three finishers in each event.

Age Group Awards

Ribbons signifying event and place of finish will be awarded to the top eight finishers of each event.

Officials

Teams are requested to provide at least one (1) USA-S certified official for each session of the meet. Please provide the name of each official and his/her certification level on the form provided. Return this form with your meet entries.

Deck Credentials

Only certified and meet registered coaches, session officials, registered USA swimmers and Meet Staff will be allowed on the deck.

Rules

2008 USA Swimming Code and Rules shall apply.

Admission

\$2.00/session

Programs

The senior meet program will cover Friday evening and the morning trials and the cost will be \$5.00. The age group meet program will cover the 10 & under and the 11 & 12 age groups timed finals and the cost will be \$5.00. The evening programs will have the finals only and this program will be sold for \$2.

Equipment Vendor

Action Accents will be selling suits, goggles, and other accessories for the duration of the meet.

Liability

Maine Swimming, Inc. and Bowdoin College shall be free from any liability or claims for damages by reason or injury to anyone during the conduct of the meet.

**CELL PHONES, CAMERAS AND OTHER RECORDING DEVICES ARE
PROHIBITED FROM THE LOCKER ROOMS!!!!**

SWIMMERS PLEASE STAY OFF THE TRACK AND OUT OF THE FIELDHOUSE!!!!

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Please return this sheet with your entry, type or print.

1. Team Contact Information

Team Name: _____

Abbreviation: _____

Head Coach: _____

Coaches at Meet: _____

Team Contact: _____

Address: _____

Phone: _____

Email address: _____

Meet Hotel & Phone: _____

2. Names and phone numbers of your USA-S Certified Officials

3. Senior Events Entry Fee Summary

Individual Entries: _____ x \$4.00 = _____

Individual Paper Entries: _____ x \$4.50 = _____

Relay Entries: _____ x \$12.00 = _____

Total: _____

4. Age Group Events Entry Fee Summary

Individual Entries: _____ x \$2.00 = _____

Individual Paper Entries: _____ x \$2.50 = _____

Relay Entries: _____ x \$6.00 = _____

Total: _____

5. Senior and Age Group Fees Grand Total: _____

(Make checks payable to: Maine Swimming, Inc.)

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Event Order and Cut Times

Friday, December 12th

Warm Up 3:00 PM, Start 4:30 PM

<i>Women's</i>			<i>Men's</i>	
Event Number	Cut Time	Event Name	Cut Time	Event Number
1	6:04.39	*400 Individual Medley	5:30.29	2
3	6:43.89	*500 Freestyle	6:10.59	4
5	NT	**800 Freestyle Relay	NT	6

Saturday, December 13th

Prelims: Warm-up 7:00 AM, Start 8:30 AM Events 7 to 18
Age Group Warm-up 1:20 PM, Start 2:00 PM Events 21 to 42
Finals: Warm-up 4:30 PM, Start 5:30 PM Events 7 to 20

<i>Women's</i>			<i>Men's</i>	
Event Number	Cut Time	Event Name	Cut Time	Event Number
7	23:06.19	***1650 Freestyle	21:31.69	8
9	2:32.29	200 Freestyle	2:17.99	10
11	1:20.19	100 Backstroke	1:13.99	12
13	3:12.29	200 Breaststroke	2:52.19	14
15	1:19.99	100 Butterfly	1:15.99	16
17	32.79	50 Freestyle	28.99	18
19	NT	**400 Medley Relay	NT	20

<i>Girls'</i>			<i>Boys'</i>			
Event Number	Cut Time	Age Group	Event Name	Age Group	Cut Time	Event Number
21	NT	10 & U	100 Freestyle	10 & U	NT	22
23	NT	11 & 12	100 Freestyle	11 & 12	NT	24
25	NT	10 & U	100 Butterfly	10 & U	NT	26
27	NT	11 & 12	100 Butterfly	11 & 12	NT	28
29	NT	10 & U	50 Breaststroke	10 & U	NT	30
31	NT	11 & 12	50 Breaststroke	11 & 12	NT	32
33	NT	10 & U	100 Backstroke	10 & U	NT	34
35	NT	11 & 12	100 Backstroke	11 & 12	NT	36
37	NT	10 & U	100 Individual Medley	10 & U	NT	38
39	NT	11 & 12	100 Individual Medley	11 & 12	NT	40
41	NT	12 & U	200 Medley Relay	12 & U	NT	42

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Event Order and Cut Times

Sunday, December 14th

Prelims: Warm-up 7:00 AM, Start 8:30 AM Events 43 to 52

Age Group Warm-up 12:00 PM, Start 1:00 PM Events 55 to 80

Finals: Warm-up 4:00 PM, Start 5:00 PM Events 43 to 54

<i>Women's</i>			<i>Men's</i>		
Event Number	Cut Time	Event Name	Cut Time	Event Number	
43	1:10.89	100 Freestyle	1:03.39	44	
45	2:59.99	200 Butterfly	2:34.99	46	
47	1:32.99	100 Breaststroke	1:23.99	48	
49	2:47.89	200 Backstroke	2:30.59	50	
51	2:54.99	200 Individual Medley	2:39.99	52	
53	NT	**400 Free Relay	NT	54	

<i>Girls'</i>			<i>Boys'</i>			
Event Number	Cut Time	Age Group	Event Name	Age Group	Cut Time	Event Number
55	NT	10 & U	200 Freestyle	10 & U	NT	56
57	NT	11 & 12	200 Freestyle	11 & 12	NT	58
59	NT	10 & U	50 Backstroke	10 & U	NT	60
61	NT	11 & 12	50 Backstroke	11 & 12	NT	62
63	NT	10 & U	100 Breaststroke	10 & U	NT	64
65	NT	11 & 12	100 Breaststroke	11 & 12	NT	66
67	NT	10 & U	50 Butterfly	10 & U	NT	68
69	NT	11 & 12	50 Butterfly	11 & 12	NT	70
71	NT	10 & U	50 Freestyle	10 & U	NT	72
73	NT	11 & 12	50 Freestyle	11 & 12	NT	74
75	NT	10 & U	200 Individual Medley	10 & U	NT	76
77	NT	11 & 12	200 Individual Medley	11 & 12	NT	78
79	NT	12 & U	200 Free Relay	12 & U	NT	80

* Friday evening events will be **timed finals**.

** Relay events will be swum as **timed finals** in the evening session

*** The 1650 Freestyle will be swum as a timed final event alternating heats of women and men, fastest to slowest with the final heat of women and men swimming in finals.